

SUMMARY

Çetinkaya Ş. Male adolescents in high school students the effect of problem-solving training in problem solving skills, interpersonal style and anger control

The study high school student who male adolescents of problem solving skills training problem-solving in, anger management, interpersonal styles, and designed with the purpose to determine the effect on the "pre-test and post-testthe control group pattern" work.

The study was carried out Mimar Sinan Industry Vocational High School from 9th and 10th class students appropriate for research criteria and male students on a group of volunteer in the academic year 2011-2012.

The study students to have been applied survey form and the scales, who have been included the experimental and control groups. The experimental group was created on the basis of problem-solving therapy, psychoeducational content of a program is implemented eight sessions; interference of the control group given characteristics of adolescence is supposed to act on the placebo effect in of eight training sessions, any initiative not apply the interference-free control group.

Students in the experimental and control groups before training is performed Questionnaire, Problem Solving Inventory (PSI), Multidimensional Anger Scale (MAS) and Interpersonal Style Inventory (KTO); the first application is conducted right after an experimental study.

The study have been tested experimentally of problem-solving skills training, high school students problem solving, anger-related behaviors and thoughts on the impact of interpersonal relationships. As a result of study group apply to high school students of problem solving skills training program to be effective in the development of students' problem-solving skills, which anger management in providing and of interpersonal relations a positive development and of this effect has continued to increase long-lasting. The research findings are discussed in the light of the existing literature.

Adolescents in high school students will contribute positively to the lives of considering to apply to problem solving skills training through group experience; of problem-

solving training program, of high school students will develop interpersonal communication and problem-solving skills; by recognizing feeling of anger can be said to will be effective cope with this feeling.

Keywords: Adolescents, Male, Anger, Interpersonal Relationships, Problem Solving.